



Catwg Primary School, Cadoxton, Neath, Port Talbot, Wales, UK

**Peace Mala Self Evaluation Form
Platinum Accreditation Award**



Spring 2024

A Peace Mala School is committed to placing the vision and message of Peace Mala at the heart-centre of its values system.

The seven key areas for action:

Area One

Becoming a Peace Mala School is part of the whole School Development Plan approved by staff and the Governing Body. This is shared with the whole school community. During every academic year, a chosen year group will study and explore Peace Mala by using the kits and educational materials. This encourages Peace Mala continuity in the school curriculum and ensures that every pupil will have encountered the message and vision of Peace Mala before they leave the school. The school will also share good practice with other schools who are members of the global community of Peace Mala.

- Catwg Primary School is very proud to be the first Peace Mala accredited school in Neath Port Talbot obtaining the Bronze, Silver and Gold Awards for our on-going work on Peace Mala and continuity within the school curriculum and our wider community.
- **The Golden Rule** has been adopted as our school motto and is displayed at the main entrance of our school.



The Golden Rule

Our school motto... `Treat others as you would like them to treat you. ` Displayed at the school's main entrance and around the school building.

- Catwg Primary School continues to share the message of Peace Mala. The school website has a link to Peace Mala and Peace Mala activities are also shared on Twitter.
- Since 2009, all children in Year 6 are introduced to Peace Mala and make bracelets. From 2010 onwards, Peace Mala has been taught in year 3 – 6 as part of planning for RE/PSE at Key Stage 2.
- Peace Mala is regularly discussed in whole school assemblies i.e. with children from Nursery to Year 6.
- On completing the Year 6 Peace Mala workshop and writing Peace prayers, assemblies are ended with staff or a Year 6 pupil reading aloud a Peace prayer.
- Parents are informed of Peace Mala through our website and Twitter, during PTA meetings and via school letters from the Headteacher.
- Peace Mala is discussed in School Council and Eco meetings.
- We continue to have a Peace Mala Notice board in our main corridor with photographs, prayers and captions that portrays our Peace Mala Journey.



Our Peace Mala notice board, located in the school foyer

- There is also a Peace Mala display board in our hall where whole school assemblies are held.



- Our school garden has a Peace Mala area with a Peace Mala Tree from which the children's prayers and promises are hung.
- A Peace Mala Dove watches over our children at play in the yard.



- The school teaches children to work co-operatively and when conflicts arise to deal with these positively through restorative practice. Children are reminded of The Golden Rule of Peace Mala during this practice.
- Our assemblies enable children to explore local and world issues and provide a time of reflection.
- At Catwg Primary School, we continue to not only teach about Christianity but also other faiths, with children and staff at our school sharing their experiences and times of celebration.
- Children and staff continue to support Peace Mala participating in celebrations such as the Youth Liturgies for World Peace at St. David's Church in Neath - September 2018, at Brecon Cathedral - September 2019 and at St Mary's Church, Swansea – September 2022.
- The children and staff also had the privilege of participating in the Peace Mala Concert for World Peace at the Brangwyn Hall, Swansea- July 2022. Representatives from our School Choir have sung and signed Peace songs at Peace Services at St. David's Church, Neath in September 2018 to mark the International Day of Peace, and also Llandaff Cathedral, St David's Church Morriston and at the Brangwyn Hall Swansea.



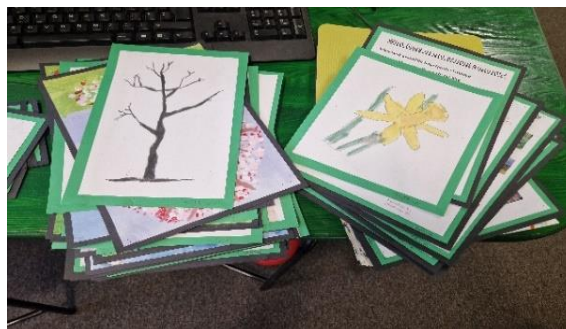
Representatives of Year 6 with Steve Balsamo at Brecon Cathedral

- Representatives from our School Choir have sung and signed Peace songs at all of the above events.



Year 6 sign and sing the Peace Mala anthem "One light" at St Mary's Church, Swansea – September 2022.

Catwg submitted work on Area 6: Environmental Sustainability, healthy eating, respect for animals & wildlife for the Peace Mala exhibition at Swansea Museum – July 2023.



- Mrs Sarah Herman and Mrs Louisa Woodward from our HI LSC signed the performances and speeches of the Concert for World Peace at the Brangwyn Hall, Swansea July 2022.
- Children and staff have attended Peace Mala Accreditations and celebrations at Central Primary School, Port Talbot.



Some Year 6 Catwg pupils join Peace Mala friends from Central Primary School on stage at Central's celebration of their Peace Mala's award – June 2019

Area Two

By engaging with Peace Mala, the school is committed to education for global citizenship through the promotion of understanding, respect, friendship, tolerance and peace between all communities, cultures and enlightened, compassionate faiths. Peace Mala promotes and encourages community cohesion.

- The school curriculum continues to provide opportunities for children to further develop their understanding of global citizenship, world faiths, the environment and community cohesion e.g. Fairtrade, festivals such as Diwali and Eid, and Biodiversity.
- Year 5 and 6 visited George Hall in Swansea Guild Hall and took part and watched the Buddha Bathing Ceremony - May 2019.
- The school embraces the rights of the child. Charters are displayed in the Key Stage 2 corridor and Rights and Responsibilities are read and discussed during Guided Reading sessions in Year 4 and 5 as part of our Literacy Lessons.
- The school continues to have policies supporting equality, inclusion and diversity.
- Fundraising events, for both local and national charities, continue to be a regular occurrence at the school, supporting the local community with Children in Need, Comic Relief and Sports Relief, and any charity that the children themselves nominate. Peace Mala is in the planning for Year 3-6s RE/ PSE
- A Peace Mala workshop continues to be held annually in Year 6 led by the class teacher.
- Whole school assemblies regularly refer to Peace Mala.
- Peace Mala Prayers are given to visitors to our assemblies.
- Year 5 pupils complete a 'Passport to world religions' multi faiths project, children explore different religions and practices globally.



Year 5 multi faiths passport

- Year 6 present each class with Peace Mala Doves on which are written prayers for Peace. These doves are then hung in each classroom, the office, corridor, on our Peace Mala tree etc
- The school continues to support Eco Schools and has been re-accredited with the Eco Schools Platinum Award.

Area Three

By using Peace Mala in the classroom, the school supports human rights and helps prevent bullying and all forms of prejudice.

- The Concept/theme for Key Stage 2 classes in Autumn 2022 was “Peace” which included areas such as Yoga in PE, Mindfulness, Outdoor Learning, as well as annual events such as St David’s Day, Valentine Peace Project, Fairtrade week etc.
- Our RE/PSE planning provides opportunities to introduce children to historical characters, e.g. Martin Luther King and Nelson Mandela, who stood up for human rights. It also enables them to reflect upon issues.
- Our School Choir performs a selection of Peace songs at various concerts in the community.
- On Remembrance Day, all children keep a minute’s silence.
- Year 4/5 visit the cenotaph in the village every November. They take names to write on poppies which are placed on or under our Peace Mala tree. Remembrance is a topic of RE/PSE planning for Year 5. This year, classes incorporated this theme into their concept, Bravery. Year 4 wrote poems inspired by their studies and performed these to local dignitaries in school.



Year 4 Remembrance poetry.



Year 5 Remembrance poppies.

- Our After School Club makes a poppy wreath each year and takes it to the village cenotaph.
- The school “sells” poppies on behalf of the British Legion every Autumn Term.
- The school takes part in a **Whole school `Diversity` Assembly** each week.
- As a school, we have an **anti – bullying policy** approved by governors. Anti-bullying lessons and assemblies are delivered to Key Stage 2 classes during Anti-Bullying week.
- We have a **‘Rainbow Bench’** in our school yard that children can go and sit on if they are in need of a friend or want to share their troubles.
- Our School Council conducts a survey on bullying annually. The results show incidences of bullying are rare but when reported, they are effectively dealt with and always in partnership with parents/carers.

We also participate as a whole school in **Internet Safety Day**. Topics include staying safe online, cyber bullying, passwords, copy right, protecting personal information and sensible screen time.

- **We, at Catwg Primary School, are proud to be an inclusive school and celebrate our Deaf Culture.** All children are taught British Sign Language and sign along to songs in assemblies and concerts. We have a well-attended Sign Club. The children of Classes 7 and 8, our LSC classes, are fully involved in school life and included in all aspects of school.
- All classes children take part in a Deaf Awareness workshop each year as part of Science Planning (Sound)/PSE planning. The school has an extra-curricular `Sign Club` which we are very proud of.
- Classes 7 and 8 work closely with NDCS – **National Deaf Children’s Society.**

Area Four

Peace Mala encourages the school to raise awareness of issues of global interdependence and encourages active compassion by learners that will lead to positive changes locally and globally.

- **The school was awarded Platinum Status, the fifth and final award of the Eco Schools Programme, in 2013.** Our commitment to improving the environment continues and our Platinum status has been maintained and was last re-accredited in January 2023.
- Environmental issues are raised through class lessons and our whole school assemblies regularly have an eco-theme. The theme for Key Stage 2 classes for Spring 2022 was **“Spring Watch”**. **The children enjoyed participating in several Eco Schools on-line workshops and follow-up Outdoor Learning activities.**



Making bird nests as follow up to Eco School’s workshop



Finding their “special place” to write about – follow up to Eco workshop



Graph following Eco Workshop on Litter

- In Key Stage 2 enjoyed their topic of 'Chocolate'- Autumn Term 2021. Part of that topic was to carry out research into where cocoa pods are grown and comparing Ghana with our country. Using the lessons on the Fairtrade website, children learned that cocoa pod farmers in Ghana actually work the hardest during the chocolate making process but they are paid the lowest amount of money for their efforts.
- "Stewardship" (Looking after our world) is part of the RE planning for Year 4. Year 4 holds environmental days, Spring into Action Day and Autumn Watch Day, annually, when the children work outside in the school grounds improving the gardens, making bird feeders, insect hotels etc.
- Environmental Studies forms part of our PPA/Enrichment programme for Year 3-6. Our Foundation Phase undertake an extensive outdoor learning programme/Forests Schools programme.



Year 6 pupils enjoying their Forest Schools session

- Our Science planning at Key Stage 2 continues to support sustainability and global interdependence via topics such as "Habitats" and "Adaptation and Interdependence".
- The school continues to support Red Nose Day, Sports Relief and Children in Need.
- Classes access the on-line assemblies and activities for the above charities/events.

Area Five

Peace Mala encourages the celebration of cultural, racial and religious diversity through art, music, drama and dance.

- Whole school assemblies welcome visitors from a range of Christian churches. Rev Andrew Meredith and Mrs Annette Williams, St Catwg's Church and Captain Andy, Church Army, visit regularly.
- Children are encouraged to celebrate and share their experiences of a range of festivals with others e.g. Christmas, Chinese New Year, Diwali etc.
- RE/PSE lessons continue to provide children with opportunities to research faiths and engage in artwork, food making and tasting, music and dance. Foundation Phase children "study" festivals as they arise on the calendar.
- Year 3 concentrate on Christianity, Yr 4 – Islam, Yr 5 – Hinduism/Judaism and Yr 6 – Multi-Faith. The Peace Message of the faith studied is written on a dove coloured to match the corresponding bead on the Peace Mala by each child. Any wall display of this work contains the corresponding Peace Message and Peace Mala bead.



Rangolis using natural materials from our school grounds

- Key Stage 2 Concepts/themes have included "Peace" and "Caring for our school grounds".
- Every year children take part in the Key Stage 2's Eisteddfod on March 1st. The children of the Foundation Phase enjoy Welsh Day, participating in a range of activities such as making Cawl and Welsh Cakes, Country Dancing etc.



Our bard – 2022

- Our School Choir learns to sing and sign a variety of peace songs, “Peace, Perfect Peace”, “You are my brother”, “Sing a Rainbow”, “Let there be on Earth”, “A Little Peace” and, of course, the Peace Mala Anthem ‘One Light’.



Year 4 pupils with their artwork – “Peace” Spring 2022.

Area Six

With Peace Mala the school actively promotes environmental sustainability, healthy eating and respect for all animals and wildlife.

- Our school has maintained its Platinum Status of the Eco Schools Programme and was re-accredited in 2023. Our commitment to improving the environment continues.
- Every class has a paper recycling bin and the school also has facilities for recycling plastics, glass/ tins and food as part of NPTCBC Recycling scheme.
- Fruit waste and Garden waste is composted in our compost bin area.
- The school also has facilities for recycling batteries, and stamps which are collected for RNIB.
- The school takes part in the Rags to Riches scheme every year, which recycles clothes and fabrics.



- The school grounds make use of water butts to use in our allotments and gardens.
- Key Stage 2 classes enjoy participating in the Eco Schools on-line workshops and follow up the sessions with Outdoor Learning. They have also enjoyed workshops with Size of Wales and Dwr Cymru, learning more about climate change and engendered animals.
- Our PPA/Enrichment activities involve Environmental Studies, Forest Schools and Outdoor Learning.
- The school has been awarded the fifth Healthy School leaf in 2013 and continues to promote a healthy lifestyle.
- The PSE, Science and D&T curriculum help to develop children's awareness of healthy eating.
- The PE curriculum, lunch time and after school clubs promote exercise and healthy lifestyles.
- The school runs a Wellbeing club for Year 1,2 and 3 pupils after school every Wednesday.
- Pupils' Sporting and Health Promoting achievements are celebrated in our Friday Sharing Assembly.
- School Council regularly audits the school grounds for play equipment, yard markings,

seating area etc.

- Our Environmental Studies programme continues to involve the planting and maintenance of our vegetable allotments.



Harvesting and preparing our vegetable allotments

- Year 6 children undertake a residential week at Manor Park promoting exercise, a healthy lifestyle and adventure.



Year 6 enjoying a range of adventurous activities at Manor Park Residential.

- Year 3 – 5 take turns to litter pick our school grounds weekly. Year 4 and 5 keeps a record of birds visiting our gardens – Bird watching diary.



Litter picking in our school grounds

- Key Stage 2 classes take part in the Big Bird Watch and data is sent to RSPB during Bird Watching Week every January.
- Certain classes visit a local farm and pet shop and have visits from a vet.
- The school continues to adopt a family of Polar Bears with WWF. It also sponsors a dolphin.
- The school participates in and promotes WWF's Earth Hour in school and with our families.
- The school has forged strong links with "Craig Gwladys" and classes have attended workshops in Craig Gwladys woods and enjoyed "nature walks".



Preparing willow for making charcoal and using the charcoal for art work

- As part of Spring 2023's Concept "Success", the children of Key Stage 2 enjoyed a day creating crafts using natural materials which were then sold as a mini enterprise.



Lord Lieutenant of West Glamorgan opened our enterprise afternoon.



One of our stalls at our enterprise fayre – March 2023

Area Seven

With Peace Mala the school encourages Peace Education by forming a School Peace Council and engaging in peace activities.

- Children are provided with a time of reflection following assemblies.
- The School Councillors, House Captains and Year 6 serve as the school's Peace Council.

- On completing the Year 6 Peace Mala workshop and writing Peace prayers, assemblies are ended with staff or a Year 6 pupil reading aloud a Peace prayer. Prayers are also given to each class to display.
- Children and staff supported the Peace Mala inter-faith Service for World Peace at St Mary's Church, Swansea in 2022 where the children sang and signed a selection of peace songs.
- On September 21st, International Peace Day, Year 6 pupils attended the service for World Peace at St David's, Morriston.
- Each December, the whole school goes on a pilgrimage to St Catwg's Church, our local church, to celebrate Christmas.
- In November, the whole school observes a minute's silence during our Remembrance Day assembly.
- Each November 11th, Year 4/5 visits the village cenotaph and writes names on poppies which are placed in our Peace Mala Garden.



November 2023

- Year 5 take part in the Valentine Peace Project every February 14th. Year 5 present flowers and a peace message on a scroll to each class and members of staff. Year 4 write friendship acrostics on hearts and hang their poems on the Peace Mala tree as part VPP.

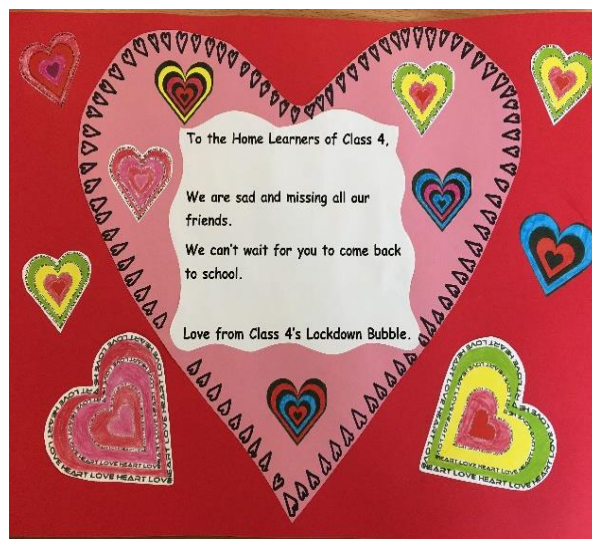


Year 6 deliver Peace flowers and messages to every class on Valentine's Day



Year 4 write acrostic poems on "Friendship" to celebrate Valentine's Day.

- During the difficult times of the Pandemic, children who attended our NHS Hub created posters and messages which were hung on our school fences for passers-by to read during their daily walks in our village. The children also wrote "thank you" messages to the Key Workers.



- Since Autumn Term "Well-being Wednesday" has been introduced to all classes in the school as part of their class assemblies. Cosmic Yoga, Mindfulness, Random Acts of Kindness are

some of the areas covered.

- Key Stage 2 classes have displays of Zones of Regulation so that the children can recognise their own and others emotional states. E.g. happy, sad, angry etc. The film "Inside Out" is shown to the classes to support this.
- Some of our classes in Key Stage 2 have a "Kindness Box" where the children can nominate a person for their act of kindness. The contents of the box are shared weekly with the classes involved.



Zones of regulation displayed in classrooms.



Year 5's class kindness box.

***Thank you for completing your Accreditation Self-Evaluation Form!
As soon as we receive this it will be sent to our Board of Trustees and Educational Advisors
for approval. We look forward to you joining our growing family of Peace Mala
Accredited Schools.***

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*"Creative, Compassionate Education that Empowers
and Embraces All ... Uniting the World in Peace"*

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